

Rasool Allah ﷺ ki sunnatein

URDU IN ROMAN SCRIPT



Hazrat Moulana Hakeem Mohmmmed Akhter

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HUDA
PUBLICATIONS
HYDERABAD

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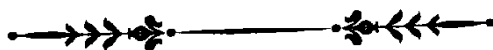

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PESH-E-LAFZ

Mohi-ul-Sunnah Hazrat Moulana Shah Abrar-ul-Haq Sahab damat bakhatahum Khalifa Arshad Hazrat Hakeem-ul-Ummat Moulana Ashraf Ali Thanvi Qudus Sarah ko Allah Ta'ala ne Islah-e-Ummat, Ahya-e-Sunnat aur Islah-e-Munkirat ke liye misali housla toufeeq aur imtiyaz bakhsha hai. Phir nahi anil munkirat ke jazbe ke saath husn-e-bayan ka bhi aisa balke aur shaan-e-jazbiyat aata farmayi hai ke aapki nakeer baes-e tanafur nahi.

Hazrat Aqdas apne malfuzaat wa irshadaat mein wazu, namaz aur khane peene wagaira balke saari zindagi mein Huzoor Aqdas ﷺ ke tareeqe ke mutabiq amal karne ki musasil takeed farmate hain. Aksar farmaya karte hain" duniya mein hum har cheez umdah pasand karte hain, amrood umdah ho, kela umdah ho, makaan umdah ho, lekin wazu umdah ho, namaz umdah ho is ki fikar nahi, zamana hogaya hai wazu karte, namaz padhte magar wazu aur namaz ki sunnatein maloom nahi Ila Masha Allah, ek do minute ghar ki auraton aur bachchon ko ek do sunnat bhi khane peene ke, wazu, namaz ki ya sone jaagne wagaira ki sikha-na shuru kardein to ek saal mein kitni sunnaton ka ilm hosakta hai.

Phir amli taur par inki nigraani bhi ki jati rahe ke in sunnaton par amal bhi horaha hai ya nahi, isi tarha deeni madaris-o-makatib bil khusus darul aqama wale madarson mein iska ehtemaam ho ke ek minute ka madarsa masjid mein jari kiya jaye. Aur ek sunnat ek din batlayi jaye aur dusre din suni jaaye.

Hazrat Aqdas ye bhi farmaya karte hain in asaan asaan sunnaton

par amal se rooh mein noor paida hoga aur noor se rooh ko quwwat hogi jis se un sunnaton par bhi amal ki himmat paida hojaye gi jin par amal karna dushwaar hai aur mu'ashira rukawat paida karta hai.

Hazrat Shaik Ul Hadees Moulana Mohammed Zakriya رحمۃ اللہ علیہ ne moutawasilin ke liye jo muamlat shaye farmaye the un mein ek zaroori tanbi farmayi gayi hai. Mouqe ki munasibat se isko bhi naqal kiya jata hai. Farmate hain "Iteba sunnat ka zyada se zyada ehtemaam rakhe. Ibadat mein, akhlaaq mein, muamlaat mein iski justaju rakhe Huzoor Aqdas ﷺ ka kya mamool tha. Hatta ke khane peene tak mein Huzoor ﷺ ki margoob cheezon ki tehqe-eq karke iteba ki koshish kare. Albatta ye zaroori nahi ke apne zuaf ki wajhe se jin amoor mein itteba ka tahammul nahi hai unka iteba na kiya jaye jaisa ke faqoun ki kasrat, lekin dil se isko pasandida aur magroob banane ki koshish karein".

Duaein to har mouqe ki "azkaar masnoona" aur "masnoon duaein" naami kitabon mein tafseel se mil jati thi. Hazrat Moulana Hakeem Mohammed Akhtar sahab ko Allah Ta'ala jazaye khair atta farmaye ke inhone ahadees ke mautebar zakhira se "Rasool Allah ﷺ ki sunntein" jama farma kar ta'lbeen ke liye bahut sahulat aur aasani farmaa di hai.

Is silsile mein mazeed apne akabir—o-ahl-e-haq ke iteba-e-shariyat-o-ehtemaam sunnat ke waqiaat ka mutala bhi behad mufeed aur amal ke liye mav'in hoga.

In Hazraat ke waqiaat beshumaar hai jo inki "Sawan-e-Hayat" mein dekhe ja sakte hai. Allah Ta'ala se dua hai ke wo is risala ko qubool-o-naafey banaye aur hum sab ko iteba sunnat ki toufeeq ata farmaye AAMEEN SUMMA AAMEEN.

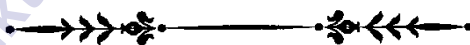
Nazreen se darkhuwast hai ke wo murattib—o-nasher ke saath saath is waqt is risala ki taba'at ke muharrik wo Saai Janab Alhaj Sufi Abdul Rehman Sahab ko bhi apni duaoun mein shamil rakhein.

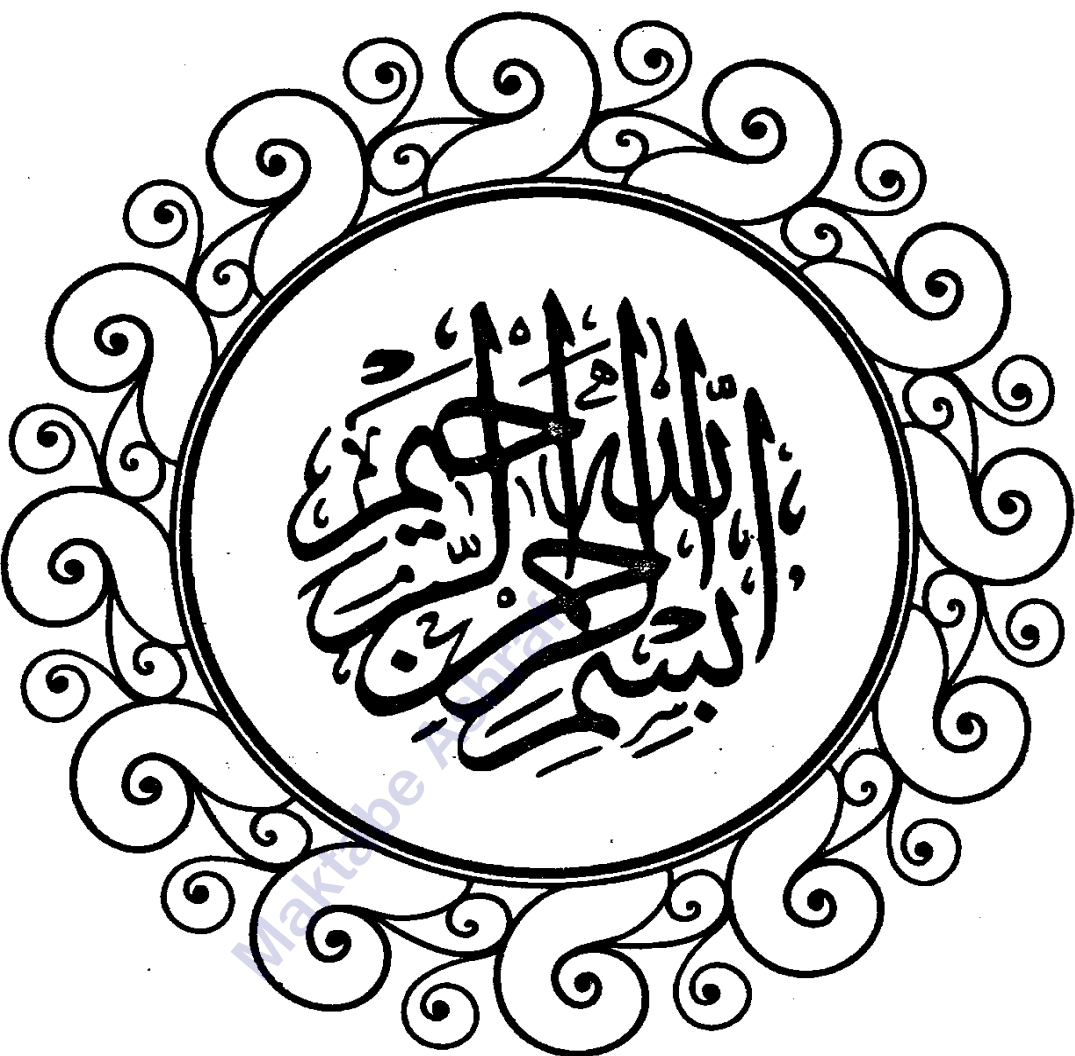
Najam Ul Hassan Thanvi

Khanqah Imdadia Ashrafia Thana Bhawan

Chahaar Shunba 24 Jamadi al ula 1409H.

Maktabe Ashraf





SO KAR UTHNE KI SUNNATEIN

1. Neend se uthte hi donon haatoun se chehra aur aankhoun ko malna taake neend ka khumaar door ho jaaye.
2. Subha jab aankh khule to teen baar Alhamdulillah الْحَمْدُ لِلَّهِ kahein. Aur kalime tayyaba لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ padhen aur ye dua padhen:

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alhamdu lilahil lazi ahyana ba'ada ma matana wa ilahin-nashoor.

(Bukhari, Abudawood, Nisai)

3. Jab bhi aap so kar uthein to miswaak karlein.
(Masnad Ahmed, Abu Dawood)
- (a) Wazu mein dubara miswaak ki jayegi. So kar uthte hi miswaak karlena alhedaa sunnat hai.
4. Paijama ya salwar pehne to awwal dahine paun mein phir bayein paun mein khameez pehne to pehle dayein asteen mein haath dalein phir bayein asteen mein issi tarha sadri. Aisa hi joota pehenle dayein paun mein phir bayein paun mein pehne aur jab utaare to pehle bayein taraf ka utaaren phir dayein ka aur badan ki pehni hui har cheez ke utaarne ka yehi masnoon tareeqa hai.
5. Bartan mein haath daalne se pehle teen martaba haathon ko achchi tarha dholein.
6. Istenja ke liye pani aur dhele dono le jayein teen dhele ya pathar ho to mustahib hai. Agar pehle se baitul khala mein intezaam kiya hua ho to kaafi hai. Flash pakhanoun mein dhelon ki wajha se dikkat horahi hai lehaza Mufti Rasheed Ahmed Sahab ne toilet paper istemaal karne ka mashwara diya hai ta'ake farsh kharab na ho.

7. Huzoor ﷺ sar dhanp kar aur joota pahenkar baitul khala tashreef le jate the.
8. Baitul khala mein dakhil hone se pehle ye dua padhen:

بِسْمِ اللَّهِ اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

Bismillahi allahuma inni aouzbika minal qubsi wal qabais.

Faida: Mulla Ali Qari رحمته الله ne mirqat mein likha hai ke is dua ki barkat se baitul khala ke khabees shayateen aur bande ke darmiyan parda hojata hai jis se wo sharmgah nahi dekh paate neez ye bhi likha hai ke khabs ki be par pesh aur jazam dono jayaz hai. (Mirqat)

9. Baitul khala mein dakhil hote waqt pehle bayan qadam rakhe aur qadamche par seedha qadam rakhe aur utarne mein bayan pair qadamche se neechhe rakhe. (Zaad-al-muad)
10. Jab badan nanga kare to asaani ke saath jitna neecha hokar khol sake utna hi behtar hai.
11. Baitul khala se nikalte waqt apna dahina pair nikale aur ye dua padhen.

غُفْرَانَكَ الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي الْأَذَى وَعَافَانِي

Gufuranaka alhamdullilahillazi azhaba annil azaa wa aafani.

12. Baitul khala jaane se pehle anghuti ya kisi cheez par Quran-e-shareef ki aayat ya Huzoor ﷺ ka naam mubarak likha ho aur dikhayi deta ho to isko utaar kar bahar hi chord dein. Firagat ke baad bahar akar phir pehenle. Taweez jisko moom jama kar liya gaya ho ya kapde mein see liya ho isko pehen kar jana jayaz hai. (Nisai)

13. Rafa hajat ke waqt qibla ki taraf na chehra karein na iski taraf peet karein. (Mishkat)
14. Rafa hajat karte waqt bila zaroorat shadidah kalam na karein isi tarha Allah ka zikr bhi na kare. (Mishkat)
15. Peshaab karte waqt istenja karte waqt uzoo-e-khaas ko dayan haath na lagayein balke bayan haath lagayein. (Bukhari-o-Muslim)
16. Peshaab ya pakhanon ki cheetaun se bahut bachein kyun ke aksar azaab-e-qabar peshaab ki cheetaun se na bachne se hota hai. (Tirmizi)
17. Baaz jagah baitul khala nahi hota is waqt aisi aadh ki jagah mein rafa hajat karna chahiye jahan kisi dusre aadmi ki nigaah na padhe. (Sunan Abu Dawood)
18. Peshaab karne ke liye narm jagah talaash karein ta'ake cheetein na udhe aur zameen mein jazb karti jaye. (Tirmizi)
19. Baith kar peshaab karein khade hokar peshaab na karein.
20. Peshaab ke baad istenja sukha na ho to deewar wagaira ki aadh mein sukhana chahiye. (Behishti Gohar)
21. Wazu sunnat ke muwafiq ghar par karna chahiye.
22. Sunnatein ghar par padh kar jana. Mouqa na ho to masjid mein padhna.
23. Ghar se masjid ya kahin bhi jane ke liye bahar nikal kar ye dua padhna.

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillahi tawakkaltu allallaahi walaa houla walaa quwata illa bilaahi. (Tirmizi, Nisai, Ibn Hayan)

24. Itmenaana se jana da'ud kar na jana (ye sirf masjid ke liye hai).

25. Aur masjid se ya kahin se bhi ghar mein aane ke baad ghar walon ko salam karna aur ye dua padhna.

اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ خَیْرَ الْمَوْجِیْ وَخَیْرَ الْمَخْرَجِ بِسْمِ اللّٰهِ وَلَجْنَا
وَبِسْمِ اللّٰهِ خَرَجْنَا وَعَلَى اللّٰهِ رَبِّنَا تَوَكَّلْنَا.

Allahumma inni asaluka khair al moulaj wa khair al makhraji bismillahi wa lajna wa bismillahi kharajna wa alallaahi rabbina tawakkalna.

(Abu Dawood)

MISWAAK KI SUNNATEIN

1. Har wazu karte waqt miswaak karna sunnat hai.
(Altargeeb wal tarheeb)
2. Miswaak ek baalish se zyada lambi na ho.
(Bahr Alraiq)

WAZU KI SUNNATEIN

Wazu mein attharah (18) sunnatein hain inko ada karne se kaamil tareeqe se wazu hojayega.

1. Wazu ki niyat karna maslan ye ke mai namaz ke mabah hone ke liye wazu karta hoon.
2. Bismillahir Rehmanir Raheem بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ
padh kar wazu karna baaz riwayaat mein wazu ki bismillāh is tarah aayi hai.

بِسْمِ اللّٰهِ الْعَظِیْمِ وَالتَّحْمِیْدُ لِلّٰهِ عَلَى دِیْنِ الْاِسْلَامِ.

Bismillahilazeem walhamdulillahi aala deenal islami.

3. Donon haathon ko pahunchoun tak teen baar dhona.
4. Miswaak karna, agar miswaak na ho to ungli se daantoun ko malna.
5. Teen baar kulli karna.
6. Teen baar naak mein pani chadhana.
7. Teen baar hi naak chinakna.
8. Har uzoo ko teen teen baar dhona.
9. Chehra dhote waqt dadhi ka khilaal karna.
10. Haaton aur pairon ko dhote waqt ungliyoun ka khilaal karna.
11. Ek bar tamam sar ke masah karna.
12. Sar ke masah ke saath kanoun ka masah karna.
13. Aza-e-wazu ko mal mal kar dhona.
13. Pe darpe wazu karna.
14. Tarteeb war wazu karna.
15. Dahini taraf se pehle dhona.
16. Wazu ke baad kalima shahadat

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ashhadu an la ilaha illahu wa ashhadu anna muhammadan abdahu wa rasooluhu

padh kar ye dua padhe.

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

Allahuma ajalni minat tawabbeena waj alni minal mutathireen

FAIDA: Is dua ke mutaliq Mulla Ali Qari ne farmaya hai ke wazu mein zahiri taharat hai. Is dua se batini taharat ki darkhuwast pesh ki gayi hai ke awwal ekhtiyari thi wo hum kar chuke ab aap apni rehmat se hamare batin ko bhi paak farmadijiye.

GUSUL KARNE KA MASNOON TAREEQA

Pehle donon haath pahunchon tak teen martaba dhoye phir badan par kisi jaga mani ya aur koi napaaki lagi hui ho to is ko teen martaba paak kijiye. Phir chota aur bada istenja kijiye. (khuwa zarurat ho ya na ho) is ke baad masnoon tareeqe par wazu kijiye. Agar nahane ka pani qadmon mein jama ho raha ho to pairon ko na dhoye warna issi waqt bhi dho dalna jayaz hai. Ab pani awwal sar par daliye phir dayein kandhe par teen martaba phir bayein kandhe par (itna pani daliye ke sar se paun tak pahunch jaye) badan ko haathon se maliye- ye ek dafa hua phir dobara issi tarah pani daliye pehle sar par phir dayein kandhe par phir bayein kandhe par (aur jahan badan sukha rehne ka andesha ho wahan haath se mal kar pani bahane ki khoshish kijiye) phir issi tarah teesri baar pani sar se pair tak bahaiye. (Tirmizi)

Gusl ke baad badan ko kapde se ponchna bhi sabit hai aur na ponch na bhi. Lehaza donon mein se jo bhi surat aap ekhtiyar kare sunnat hone ki niyat karliya kijiye.

MASJID MEIN DAKHIL HONE KI SUNNATEIN

1. Dahina pair masjid mein dakhil karna.
2. Bismillah padhna.
3. Darood-e-shareef padhna maslan:

الصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ عَلَيْهِ وَسَلَّمَ.

Assalatu was salamu ala rasooli laahi sallahu alaihi asalam

4. Dua padhna:

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allahumma aftah li abwaba rehmatika.

5. Ehtekaaf ki niyat karna.

NAMAZ KI EKYAWAN (51) SUNNATEIN

KHAYAM MEIN 11 SUNNATEIN

1. Takbeer tehrima ke waqt seedha khada hona yaani sar ko past na karna.
2. Donon pairon ke darmiyan chaar ungal ka faasla rakhna aur pairon ki ungliyaan qible ki taraf rakhna.
3. Muqtadi ki takbeer tehrima imaam ki takbeer tehrima ke saath hona.
4. Takbeer tehrima ke waqt donon haath kaanoun tak uthana.
5. Hateliyoun ko qible ki taraf rakhna.
6. Ungliyoun ko apni haalat par rakhna yaani na zyada khuli rakhna aur na zyada band.
7. Dahine haath ki hateli bayein haat ki hateli ki pusht par rakhna.
8. Cheungliyan aur anghootay se halqa banakar gathe ko pakadna.
9. Darmiyaani teen ungliyoun ko kalayi par rakhna.
10. Naaf ke neechе haath bandhna.
11. Sana padhna.

QIRAAT KI SAAT (7) SUNNATEIN

1. Taouz yani aouzu billah padhna.
2. Tasmia yani bismillah padhna.
3. Chupke se aameen kehna.
4. Fajar aur zohar mein tawali mufasil yani sureh Hijraat se burooj tak asar wa isha mein awsaat mufasil yani surah Burooj se lam yakun tak aur magrib mein qisaar mufasil yani sureh iza zulzilat se sureh naas tak ki suratein padhna.
5. Fajar ki pehli rakaat ko tool dena
6. Na zyada jaldi padhna aur na zyada teher kar padhna balke darmiyani raftaar se padhna.

Farz ki teesri aur chauthi rakaat mein sirf sureh fateha padhna.

RUKOO KI AATH 8 SUNNATEIN

1. Rukoo ki takbeer kehna.
2. Rukoo mein donon haathon se ghutnoun ko pakadna.
3. Ghutnoun ko pakadne mein ungliyon ko khushada rakhna.
4. Pindliyon ko seedha rakhna.
5. Peet ko bicha dena.
6. Sar aur sureen ko barabar rakhna.
7. Rukoo mein kum az kum teen baar subhana rabil azeem
سُبْحَانَ رَبِّيَ الْعَظِيمِ kehna.

Subhana rabbi-yal azeem.

8. Rukoo se uthne mein imaam ko

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

sami allahu liman hamida
aur muqtadi ko

رَبَّنَا لَكَ الْحَمْدُ

rabbana lakal hamd
aur munfareed ko donon kehna.

SAJDE KI BARAH 12 SUNNATEIN

1. Sajde ki takbeer kehna.
2. Sajde mein pehle donon ghutnoun ko rakhna.
3. Phir donon haathon ko rakhna.
4. Phir naak rakhna.
5. Phir peshani rakhna.
6. Donon haathon ke darmiyan sajda karna.
7. Sajde mein pait ko ranoun se alag rakhna.
8. Pehluaon ko baazuon se alag rakhna.
9. Koniyoun ko zameen se alag rakhna.
10. Sajde mein kam az kam teen baar

سُبْحَانَ رَبِّيَ الْأَعْلَى

subhana rabil aala padhna.

11. Sajde se uthne ki takbeer kehna.
12. Sajde se uthne se pehle peshani phir naak phir haathon ko phir ghutnon ko uthana aur dono sijdoun ke darmiyan itmenaan se baithna.

QAIDA KI 13 SUNNATEIN

1. Dayein pair ko khada rakhna aur bayein pair ko bicha kar is par baithna aur pair ki ungliyon ko qible ki taraf rakhna.
2. Donon haathon ko ranoun par rakhna.
3. Tashahud mein

أَشْهَدُ أَنْ لَا إِلَهَ

ashhadu anna laa illaha

phir shahadat ki ungli ko uthana aur

إِلَّا اللَّهُ

illal laah

par jhuka de.

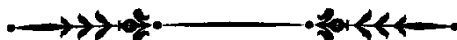
4. Qaide ke akhir mein darood-e shareef padhna.
5. Darood-e-shareef ke baad dua-e- masurah in alfaaz mein jo quran aur hadees ke mushabe ho padhna.
6. Donon taraf salam pherna.
7. Salam ki dahine taraf se ibteda karna.
8. Imaam ko muqtadiyoun, farishton aur saleh jinnat ki niyat karna.

9. Muqtadi ko imaam wa farishton aur saleh jinnat aur dayein bayein muqtadiyoun ki niyat karna.
10. Munfarid ko sirf farishton ki niyat karna.
11. Muqtadi ko imaam ke saath saath salam pherna.
12. Dusre salam ki awaaz ko pehle salam ki awaaz se past rakhna. Musbooq ko imaam ke farig hone ka intezaar karna.

FAIDA: Rukoo mein haath ki ungliyan phaili hui ho aur sajde mein ye ungliyan mili hui hongy.

AURTOUN KI NAMAZ MEIN KHAAS FARQ

1. Takbeer tehrima ke waqt apne dono haath kandhe tak uthade lekin haathon ko duppate se bahar na nikale.
2. Seene pe haath bandhe aur sirf dayein haath ki hateli ko bayein haath ki pusht par rakhde aur dono baazoun ko pehlu se khoob milaye rakhe aur dono pair takhnoun ko bilkul milade.
3. Sajde mein aurtein paun na khade karein balke dayein taraf ko nikal dein aur khoob simat kar aur dabkar sajda kare ke pait dono raanoun se aur bahein dono pehlu se milade aur dono bahoun ko zameen par rakhde.
4. Qaida mein jab baithe dono paun dahine taraf nikal de aur dono haathon ko raan par rakhde aur ungliyan khoob milakar rakhe.



NAMAZ KE WO ADAAB JO SAB KE LIYE YAKSAN HAIN

Sajde ki jagah qayam mein, aur rukoo mein paun par, sajde ki halat mein naak par aur salam pherte waqt kandhoun par nazar rahe aur jamayi aawe to khoob taqat se roke aur agar na ruke to dahine haath ki hateli ki pusht se roke aur jab khansi ke asaar maloom ho to bhi rokne ki koshish kare aur zabt kare. Sirf namaz mein itni awaaz se padhe ke khud sun sake.

Salam pherkar ek baar Allahu Akbar kahe phir teen martaba astagfirullah kahe aakhri baar zara kheench kar padhe.

HAR FARZ NAMAZ KE BAAD YE DUAEIN PADHE

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

*Allahumma antas salamu wa minkas salamu tabarakta
ya zal jalali wal ikraam* (Fatah Alqadeer j 1439)

NOTE: Mulla Ali Qari ne Mirqat j2 s258 par likha hai ke

إِلَيْكَ يَرْجِعُ السَّلَامُ فَحَيِّنَا رَبَّنَا بِالسَّلَامِ وَإِذْخُلْنَا دَارَكَ دَارَ السَّلَامِ
فَلَا أَصْلَ لَهَا بَلَدٌ مُخْتَلِقٌ بَعْضُ الْقَصَاصِ.

yaani in jumlon ka saboot nahi milta riwayat balke baaz khissa go logon ka badhaya hua hai.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

*Laa illaha illahu wahdahu laa sharika lahu lahu mulku
walahul hamdu wahuwa alaa kulli shayin qadeer.*

اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ وَلَا مُعْطِيَ لِمَا مَنَعْتَ وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ.

Allahumma laa mania lima aatayata wala muti lima manaata wala yanfau zaljaadi minkal jad.

KHAANE KI CHAND SUNNATEIN

1. Dastarkhwan bichana.
2. Dono haath gathhoun tak dhona.

NOTE: Allama Shami رحمہ اللہ ke nazdeek khane se qabl kulli karna sunnat nahi hai. Jild 5 safah 239 bab Kitab Alhazar wala bahata mein ek sawal ke jawab mein ke " kya apne mooh ko dhona misl haath dhona ke sunnat hai? Farmate hain ke nahi magar halat-e-janabat mein bagair kulli kiye hue khana makrooh hai. Ibarat mulaheza ho:

وَهَلْ غَسَلَ فِيهِ لِأَكْلِ سُنَّةٍ كَغَسَلِ يَدَيْهِ؟

Aljawab:

لَا وَلَكِنْ يُكْرَهُ لِلْجَنْبِ

lekin agar koi mooh ki safayi ke liye kulli karna chahe to manaa nahi.

3. Bismillah padhna buland awaaz se. (Shami j 5)
4. Dahine haath se khana.
5. Khane ki majlis mein jo shakhs sab se zyada buzrug aur bada ho is se khana shuru karwana.

6. Khana ek qism ka ho to apne saamne se khana.
7. Agar koi luqma gir jaaye to uthakar saaf kar ke khana.
8. Taik lagakar na khana.
9. Khane mein koi aaib na nikalna.
10. Joota utaar kar khana.
11. Khane ke waqt ukud baithna ke dono ghutne khade ho aur sureen zameen par ho ya ek ghutna khada ho aur dusre ghutne ko bicha kar is par baithe ya dono ghutne zameen par bicha kar qaida ki tarah baithe aur aage ki taraf zara jhuk kar baithe.
12. Khane ke baad bartan piyala wa plate ko saaf karlena phir bartan is ke liye dua-e-maghfirat karta hai.
13. Khane ke baad ki dua padhna:

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينَ.

Alhamdu lillahi allazi ata' mana wa saqana wa ja'alna minal musalameen.

TARJUMA: Tamaam tareefein Allah ke liye hai jis ne khilaya aur peelaya aur musalmaoun mein banaya.

14. Pehle dastarkhwan uthwaana phir khud uthna.
15. Dastarkhwan uthaane ki dua padhna :

الْحَمْدُ لِلَّهِ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ غَيْرُ مُكْفًى وَلَا مُوَدَّع وَلَا مُسْتَغْنًى عَنْهُ رَبَّنَا.

Alhamdu lillahi hamdan kaseeran tayyiban mubarakan fihī gaira mukfiyin wa laa mawadda'i wa laa mustaghniyan anhu rabbana.

TARJUMA: Sab tareef Allah ke liye aisi tareef jo bahut ho pakeeza aur ba barkat ho. Ae hamare Rabb hum is khane ko kaafi samajh kar ya bilkul rukhsat kar ke ya is se gair mohtaaj hokar nahi utha rahein hai.

16. Dono haath dhona.
17. Kulli karna.
18. Agar shuru mein bismillah padhna bhool jaye to yun padhe:

بِسْمِ اللَّهِ أَوَّلُهُ وَآخِرُهُ

bismillahi awwalahu wa aakhirahu.

19. Jab kisi ki dawat khaye to mezbaan ko ye dua de:

اَللّٰهُمَّ اطْعِمْ مَنْ اطْعَمَنِيْ وَاسْقِ مَنْ سَقَانِيْ.

Allahumma atim min atamni wa siq man siqani

TARJUMA : Ae Allah jis ne mujhe khilaya to usse khila aur jis ne peelaya mujh ko to usse peela.

20. Sirka istemaal karna sunnat hai jis ghar mein sirka maujood hai wo ghar saalan se khali nahi samjha jata.
21. Khaalis gandam agar koi istemaal karta hai to use chahiye ke isme kuch bhi mila le chahe thodi si miqdaar mein ho ta'ake sunnat par amal ka sawab hasil kar sake.
22. Gosht khana sunnat hai Rasool Akram ﷺ ka farmaan hai ke duniya aur aakhirat mein khanoun ka sardar gosht hai.
23. (Apne musalman bhai ki) dawat qubool karna sunnat hai. Albatta agar ghalib aamdani sood ya rishwat ki ho ya wo badkaari mein mubtela ho to is ki dawat qubool nahi karni chahiye.

24. Apne azeezon, doston, rishtedaron aur masakeen ko valime ka khana khilana sunnat hai.
25. Mayyat ke rishtedaron ko khana dena masnoon hai.
26. Khane ke waqt bilkul khamosh rehna makrooh hai. (Shami) lekin gham wa fikar aur marz ki baat na kare.

Sharah Abu Dawood Bazal-al-Majhood p35 par likha hai ke jab koi shaks bismillah keh kar ghar mein dakhil hota hai to shaitaan apne bhaiyon se kehta hai ke ae bhaiyo لَا مَبِيتَ لَكُمْ (laa mabeeta lakum) tumhare liye is ghar ke darwaze band ho chuke hai. Shab basri ke liye koi aur ghar talaash karlo. Aur jab khane ke waqt bismillah padh liya jata hai to shaitaan kehta hai lo ab khane par bhi pabandi lag gayi yaani na yahan reh sakta hoon aur na kha sakta hoon aur agar band ghar mein dakhil hote waqt bismillah kehna bhool jaye to is waqt shaitaan apne bhaiyon se kehta hai: أَذْرَكْتُمُ الْمَبِيتَ (adraktum al-mabaita) tumne ghar paa liya raat guzaarne ke liye aur agar wo khaane ke waqt bhi bismillah padhna bhool jaye to shaitaan kehta hai:

أَذْرَكْتُمُ الْمَبِيتَ وَالْعِشَاءَ

(adraktum al-mabaita wal asha) yaani qayam ke saath saath taam ki bhi ijazat hai.



PEENE KI SUNNATEIN

1. Dahine haath se peene ka bartan pakadna.
2. Peene se pehle agar khade ho to baith jaana. Khade hokar peena manaa hai.
3. Bismillah keh kar peena aur pee kar alhamdu lillah kehna.
4. Teen saans mein peena aur saans lete waqt bartan ko mooh se alag karna.
5. Bartan ke tootay hue kinare ki taraf se na peena.
6. Mashk se mooh laga kar na peena ya koi bhi aisa bartan jis se dafatan pani zyada aajane ka ehtemal ho ya andesha ho ke is mein koi saanp ya bichoo aaye.

7. Sirf pani peene ke baad ye dua padhna bhi masnoon hai.
 الْحَمْدُ لِلَّهِ الَّذِي سَقَانَا عَذْبًا فَرَاتًا بِرَحْمَتِهِ مَاءً وَلَمْ يَجْعَلْهُ بِذُنُوبِنَا
 مِلْحًا أُجَاجًا

Alhamdulillahil lazi saqana azban furatan birehmatihi ma'an wa lam yaj'alahu bizunubina milhan ujahan.

8. Pani pee kar agar dosron ko dena hai to pehle dahine wale ko de phir isi tarteef se daur khatam ho. Isi tarah chai ya sharbat bhi pesh karein.
9. Doodh peene ke baad ye dua padhe:

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ

Allahumma bariklana feehi wazidna minhu.

10. Peelane wale ko aakhir mein peena chahiye.
11. Aab-e-zam zam khade hokar peena.
12. Wazu ka bacha hua pani khade hokar peena. Is se beemariyon ke liye shifa hai. Alama Shami رحمه الله ne likha hai ke mai ne baarha apni beemariyon mein iska tajruba kiya hai aur shifa payi hai.

LIBAAS KI SUNNATEIN

1. Huzoor ﷺ ko safaid rang ka kapda pasand tha.
2. Khameez, kurta ya sadri wagaira pehne to pehle dayan haath asteen mein daale aur phir baayan haath. Isi tarah pajama aur salwar ke liye pehle dayan paun phir bayan paun.
3. Pajama, salwar ya lungi takhne se upar rakhe takhne se neeche latakne se Allah Ta'ala naraaz hote hai. Nabi Kareem ﷺ ne farmaya tehsband takhne se neeche latkaane wale par Allah Ta'ala nazr-e-rehmat nahi farmayega.
4. Naya kapda pehen kar ye dua padhe.:

اَلْحَمْدُ لِلّٰهِ الَّذِيْ كَسَانِيْ هٰذَا مِنْ غَيْرِ حَوْلٍ مِّنِّيْ وَلَا قُوَّةٍ.

Alhamdu lillahir lazi kasani haza min ghairi houlim minni wala quwwati.

5. Amama ke neeche topi pehenna sunnat hai bagair topi ke amama bandhna khilaf-e-sunnat hai.
6. Siyah saafa bandhna masnoon hai. Shamla chordna bhi masnoon hai. Shamla ki miqdaar ek haath ya is se bhi zyada saabit hai.
7. Kapde utaarte waqt bismillah kahe aur ibteda bayein jaanib se kare. Khameez ya kurta wagaira utaarna ho to pehle bayein asteen se nikale phir dahina haath. Isi tarha salwar aur pajama utaarte waqt pehle bayan pair bahar nikale phir dahina.
8. Joota pehle dahine paun mein pehne phir bayein paun mein.
9. Utaarte waqt pehle bayein paun se utaare phir dayaan paun se.

10. Naya joota pahen kar ye dua padhe:

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ مَا هُوَ لَهُ وَأَعُوذُ بِكَ مِنْ شَرِّهِ
وَشَرِّ مَا هُوَ لَهُ

Allahumma inni asaluka min khairihi wa khairi ma hua lahu wa aaouzu bika min shar rihi wa sharri maa hua lahu.

BALOUN KI SUNNATEIN

1. Nabi Kareem ﷺ ke sar mubarak ke baloun ki lambayi kanoun ke darmiyan tak aur dusri riwayat ke mutabiq kanoun tak aur ek aur riwayat ke mutabiq kanoun ki lou tak thi. In ke alawa kandhoun tak ya kandhoun ke khareeb tak hone ki bhi riwayat hai. (Shamayal Tirmizi)
2. Ya to saare sar ke baal rakhe ya saara sar mundadhe ek hisse rakhna aur ek hissa mundwa dena ya tarashwana fa'ale haram hai. Allah Ta'ala har musalmaan ko is se bachaye.
3. Dadhi ko badane aur munchoun ko kam karne ke mutaliq hadees mein hukm warid hai. Dadhi (ek musht se kam) katarwane aur mundhwane ko haram farmaya gaya hai. Allah Ta'ala har musalmaan ko is se mehfooz rakhe.
4. Munchoun ko katarne mein mubaliga karna sunnat hai.
5. Zair-e-naaf, bagal aur naak ke baal lena chalees roz guzar jayein aur safayi na kare to gunaah gaar hoga.
6. Baloun ko dhona, tail lagana aur kangha karna masnoon hai lekin ek aadh din beech mein chord dena chahiye.

7. Jab tail dalne ka irada ho to bayein haath ki hateli mein tail lekar pehle abruoun par phir aankhon par phir sar mein tail dale.
8. Sir mein tail dalne ki ibteda peshani ki jaanib se karein.
9. Kangha kare to pehle dayein janib se shuru karein.
10. Kangha karte hue hasbe zarurat jab bhi aina dekhe to ye dua padhe.

اللَّهُمَّ أَنْتَ حَسَنْتَ خُلُقِي فَحَسِّنْ خُلُقِي

Allahumma anta hasnata khalqi fa hassin qulqi.

TARJUMA : Ae Allah aap ne meri surat achchi banayi mere akhlaaq bhi achche kardijiye.

NAKHUN KAATNE KI SUNNAT

1. Dahine haath ki angasht shahadat (kalimashahadat wali ungli) se shuru kare aur changli tak phir haath ki changli se bayein haath ke anghote. Phir aakhir mein dahine haath ke anghote ka nakhun kaate.

Aur dahine paun ki changli se shuru kar ke anghote tak phir bayein paun ke anghote se changli tak tarteeb war nakhun kaatna chahiye. Yehi tareeqa Huzoor ﷺ ka nakhun taraashne ka shami mein manqool hai. Jis ki ibarat maha-wala naql hai.

IBARAT-E- SHAMI

روى انه ﷺ بدء بمسبحة اليمنى الى الخنصر ثم بخنصر اليسرى الى الابهام وختم بابهام اليمنى وفي الرجل بخنصر اليمنى ويختم بخنصر اليسرى

Ravi Annahu ﷺ bada bimasbahiti alyamini ilaal khandarsam bikhansaral yasra ilaal abham wa khatam ba bham al yamini wa fil rajul bi khansral yamini wa yakh-tam bikhansaral yasra. (Shami 288, 5)

Nakhun juma ki namaz se qabl kaatna sunnat hai.

كَانَ رَسُولُ اللَّهِ ﷺ يَقْصُ شَارِبَهُ وَيَقْلَمُ أَظْفَارَهُ
يَوْمَ الْجُمُعَةِ قَبْلَ أَنْ يَرُوحَ إِلَى الصَّلَاةِ

Kana Rasoolul lahi ﷺ yaqas sharibahu wa yaqlamu azfarahu youm al jumati qabli an yaroooha ilas-salaath.

Huzoor ﷺ juma ke din qabl namaz juma munchoun aur nakh-noun ko kaat te the.

RIWAYAT

مَنْ قَلَمَ أَظْفَارَهُ يَوْمَ الْجُمُعَةِ آعَاذَهُ اللَّهُ مِنَ الْبَلَاءِ إِلَى الْجُمُعَةِ

Man qalma azaafiyahu youm aljumati aazuhu allahu minal balaya ilal jumatil ukhra.

Jo shakhs juma ke din nakhun kate agle juma tak ki balaon se is ko Allah Ta'ala panah denge. (Shami 5, 287)

TAMBIH: Hafiz Ibn Hajar Askhalani aur Alama Ibn-e-Aqeeq Alai farmate hai ke nakhun taraashne mein koi khaas kaifiyat aur kisi din ki ta'in Huzoor ﷺ se manqool-o-sabit nahi. Lehaza mazkura bala tareeqa ke mustahib hone ka itqaad jayaz nahi.

(Bazil Al Majhood fi Hal Abu Dawood 33,1)



KUFR YA GUNAAH KE WASAWAS KE WAQT YE PADHNA SUNNAT HAI

WASAWAS KE WAQT KI SUNNAT

1. أَعُوذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

(Aouzu billahi minish shaitan al rajeem) padhe.

أَمَنْتُ بِاللّٰهِ وَرَسُولِهِ.

Aur (*Amantu billahi wa rasulih*). (Mirqat j1, s127)

2. Dusri sunnat ye hai ke zaat haq Ta'ala mein gaur na karein. Takafur ka ta'luq khalq se hai na ke khaliq se:

كَمَا قَالَ تَعَالَى شَانَهُ: يَتَفَكَّرُونَ فِي خَلْقِ السَّمٰوٰتِ وَالْاَرْضِ

*Kama khala tala shanahu: yatafakaruna fi khalqi
alsamawati wal arzi.* (Masa'il Al-Sulook, (Bayan Al-Qur'an)

BEEMARI, ILAAJ AUR IYADAT KI SUNNATEIN

1. Beemari mein dawa aur ilaaj karwana masnoon hai. Ilaaj karata rahe magar beemari ki shifa mein nazar Allah hi par rakhe.
2. Kalonji aur shahed ke saath ilaaj karna sunnat hai. Huzoor ﷺ ka irshaad hai ke: Allah Ta'ala ne dono cheezon mein shifa rakhi hai. In dono ki tareef mein bahut se hadeesein aaye hain.
3. Ilaaj ke dauraan nuqsaan pohuchane wali cheezon se parhez karna.

4. Apne beemar bhai ki iyadat ke liye jaana sunnat hai.
5. Beemar pursi karke jaldi laut aana sunnat hai. Kahin tumhare zyada dair tak baithne se beemar malool aur ranjeeda na hojaye. Ya ghar walon ke kaam mein khalal na pade.
6. Beemar ki har tarah tassali karna masnoon hai. Maslan is se ye kahe ke insha allah tum jald achche ho jaoge. Khuda Ta'ala badi qudrat wale hain. Koi darr ya khouf paida karne wali baat beemar se na kahe.
7. Beemar pursi raat mein bhi jayaz hai. Is ko jo log manhoos kehte hain wo galti par hain. Isi tarha beemar ki khabar mile jab dil chahe iyadat kar aaye. Ye jo khayal hai ke teen din beemar ke guzaar lein to iyadat ko jayenge be asal baat hai.
8. Jab kisi mareez ki iyadat kare to is se yun kahe:

لَا بَأْسَ ظُهُورًا إِنْ شَاءَ اللَّهُ.

La baisu tuhuru insha allahu.

Phir iski shifayabi le liye saat baar ye dua padhe:

أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ، أَنْ يَشْفِيكَ.

Asalul allaha alazeem rabal arshil azeem an yashfeeka.

Huzoor ﷺ ne farmaya hai ke saat martaba is ke padhne se mareez ko shifa hogi. Haan agar is ki mout hi agayi ho to dusri baat hai.



AZAAN-O-AQAMAT KI SUNNATEIN

1. Azaan-o-aqamat qibla rou kehna sunnat hai.
2. Azaan ke alfaaz teher teher kar adaa karna aur aqamat ke alfaaz jald az jald karna sunnat hai.
3. Azaan mein haiya alas salath aur haiya alal falah kehte waqt dayein bayein jaanib mooh phairna sunnat hai lekin seena aur qadam qibla ruq hi rahe.
4. Jab azaan suno to tilawat, zikar -o-tasbeeh bandh kardo aur azaan ka jawab do yaani azaan ke kalimat ko dohrao jab mouzan haiya alas salath aur haiya alal falah kahe to jawab mein :

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Lahoula wala quwata illa billah kaho.

5. Fajr ki azaan mein

الصَّلَاةُ خَيْرٌ مِنَ النَّوْمِ

(As salatu khairum minan naum) ke jawab mein

صَدَقْتَ وَبَرَزْتَ

(Sadaqta-o-barazta) kaha jayega.

6. Aqamat ka jawab bhi azaan ki tarha diya jayega lekin:

قَدْ قَامَتِ الصَّلَاةُ

(Qad qamatis salaatu) ke jawab mein

أَقَامَهَا اللَّهُ وَأَدَامَهَا

(Aqamaha allaha wa adamaha) kaha jayega.

7. Azaan qatam hone ke baad darood-e-shareef padhna sunnat hai.

8. Darood-e-shareef padh kar ye dua padhe:

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ الْقَائِمَةِ آتِ مُحَمَّدًا الْوَسِيلَةَ
وَالْفَضِيلَةَ وَأَبْعَثْهُ مُقَامًا مَحْمُودًا الَّذِي وَعَدْتَهُ إِنَّكَ لَا تَخْلِفُ الْوَعْدَ

*Allahumma rabba hazihid dawatit tammati wa salati
alqaimati aati muhammedanil wasilata wal fazilata
waba'as-hu maqamam mahmoodanil lazzi wadattahu
innaka laa tukliful meaad.*

NOTE:

وَالدَّرَجَةُ الرَّفِيعَةُ

(Waddarajatar rafeea) ka lafz aur aakhir mein

يَا أَرْحَمَ الرَّاحِمِينَ

(Ya ar hamar rahimeen) jo mashhoor hai is ka saboot
riwayat mein nahi hai.

Mulla Ali Qari رحمہ اللہ Mirqata j 2, 163 par farmate hai:

واما زيادة ذالدرجة الرفيعة المشتهرة على الالسنه فقال

السنه فقال السخاوى لم اراه فى شى من الروايات

*Wa maa ziadata wad darajatar rafeea alushtaharta alal
sunath faqala al sakhavi lim arrah fi shay minal riyawat.*



SAFAR KI SUNNATEIN

1. Jahan tak hosake safar mein kam az kam do aadmi jaye. Tanha aadmi safar na kare. Albatta zaroorat aur majboori mein koi harj nahi ke tanha aadmi safar kare.

2. Sawari ke liye rikab mein paun rakhe to

(Bismillah) kahe.

بِسْمِ اللَّهِ

3. Sawari par achchi tarh baith jaye to teen martaba:

اللَّهُ أَكْبَرُ

(Allahu Akbar) kahe phir ye dua padhe:

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ.

Subhannal lazi sakharalana haza wa maa kunna lahu muqranina wa inna ila'a rabbina lamunqalibun.

4. Phir ye dua padhe:

اللَّهُمَّ هَوِّنْ عَلَيْنَا هَذَا السَّفَرَ وَاطْوِ عَنَّا بَعْدَهُ، اللَّهُمَّ أَنْتَ الصَّاحِبُ فِي السَّفَرِ وَالْخَلِيفَةُ فِي الْإِهْلِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ وَعْثَاءِ السَّفَرِ، وَكَآبَةِ الْمَنْظَرِ وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ وَالْوَلَدِ.

Allahumma hawwina alaina haazas safari wa tawi'anna budahu allahumma anta alsahibu fis safari wal khlifatu fil ahli allahumma inni aouzu bika miniw wa asais safari wa kabati almanzari wa sui almunqalibi fil maali wal ahli wal waladi.

TARJUMA: Ae Allah asaan kardijiye hum par is safar ko aur taye kardijiye hum par daraazi is ki. Ae Allah aap hi rafeeq safar hai safar mein aur khabar geeran hai ghar baar mein. Ya Allah mai panaah chahta hoon apki is safar ki mushaqat se aur buri halat dekhne se aur wapis aakar buri halat paane se maal mein aur ghar mein aur bachchon mein.

5. Musafirat mein teherne ki zaroorat pesh aaye to sunnat ye hai ke raaste se hat kar qiyaam kare raaste mein padao na daale ke aane jaane walon ka raasta ruke aur inko takleef ho.
6. Safar ke dauraan jab sawari bulandi par chadhe to teen martaba **اللهُ أَكْبَرُ** *Allahu Akbar* kahe.
7. Jab sawari nasheb ya pasti mein utarne lage to teen martaba **سُبْحَانَ اللهِ** *Subhan Allah* kahe.
8. Jis shaher ya gaoun mein jaane ka irada ho usse jab dur se dekhle to teen baar ye dua padhe:

اللَّهُمَّ بَارِكْ لَنَا فِيهَا

Allahumma bariklana feeha.

TARJUMA : Ae Allah barkat de humme is shaher mein.

9. Aur jab is shaher mein dakhil hone lage to ye dua padhe:

اللَّهُمَّ ارْزُقْنَا جَنَاهَا، وَحَبِّبْنَا إِلَى أَهْلِهَا، وَحَبِّبْ صَاحِبَ أَهْلِهَا إِلَيْنَا.

Allahumma arzikhna janaha wa habibna ila'a ahliha wa habbib salibi ahliha ilaina.

TARJUMA : Ya Allah naseeb kardijiye humme samaraat iske aur azeez kar dijiye humme ahle shaher ke nazdeek aur mohabbat dijiye humme is shaher ke naik logon ki.

10. Rasool Allah ﷺ ka irshaad hai ke jab safar ki zaroorat puri hojaye to apne ghar laut aaye bahar safar mein bila zaroorat teherna achcha nahi.
11. Door daraaz ke safar se bahut dinon baad laute to sunnat ye hai ke achanak ghar mein dakhil na ho balke apne aane ki khabar de aur kuch dair baad ghar mein dakhil ho. Aise hi zyada raat gayi agar dair se ghar aaye to issi waqt ghar mein na jaye balke behtar hai subha makaan mein jaye

albatta ahl-e-khana tumhare dair se aane se aagah ho aur unko tumhara intezaar bhi ho to issi waqt ghar mein dakhil hone mein koi harj nahi. In masnoon tareeqon par amal karne se deen aur duniya ki bhalayi hasil hogi.

12. Safar mein kutta aur ghungru saath rakhne ki mumaniyat aayi hai kyun ke inki wajha se shaitaan peeche lag jata hai aur safar ki barkat jaati rehti hai.
13. Safar se laut ka aane wale ke liye masnoon hai ke ghar mein dakhil hone se pehle masjid mein jaakar do rakaat namaz padhe.
14. Jab safar se wapis aaye to ye dua padhe:

اٰیْبُوْنَ تَاٰیِبُوْنَ عَاٰیِدُوْنَ لِرَبِّنَا حَامِدُوْنَ

Aaiboona taiboona aabidoona lirabbina hamidoon.

TARJUMA: Hum lautne wale hai tauba karne waale hain Allah ki bandegi karne waale hain apne rab ki hamd karne waale hain.



NIKAH KI SUNNATEIN

1. Masnoon nikah wo hai jo saada ho jis mein hungama ya zyada takkalufta jahez wagaira ke samaan ka jhagda na ho.
2. Nikah ke liye naik aur saleh fard ko talash karna aur mangni ya paigaam bhejna masnoon hai.
3. Juma ke din masjid mein aur shawal ke mahine mein nikah karna pasandeeda aur masnoon hai.
4. Nikah ko mashhoor karna aur nikah ke baad chuwahare ya khajoor lutana ya taqseem karna sunnat hai.
5. Hasbe isteta'at maher muqarar karna sunnat hai.
6. Shadi ki pehli raat jab biwi se tanhayi ho to biwi ki peshani ke uppar ke baal pakad kar ye dua padhe:

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَهَا وَخَيْرَ مَا فِيهَا وَأَعُوذُ بِكَ مِنْ شَرِّهَا
وَشَرِّ مَا فِيهَا.

Allahumma inni asaluka khairaha wa khaira maa fiha wa aaouzu bika min sharriha wa sharri maa fiha.

7. Jab biwi se sohbat ka irada kare to dua padhle warna shaitaan ka nutfa bhi mard ke nutfe ke saath andar chala jata hai aur aulaad shaitaan ki khaslaton mein muhtela hogi. Dua ye hai:

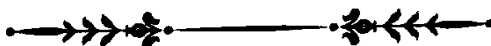
بِسْمِ اللَّهِ اللَّهُمَّ جَنِّبْنَا الشَّيْطَانَ، وَجَنِّبِ الشَّيْطَانَ مَا رَزَقْتَنَا

Bismillahi allahumma jaanibnas shaitaan wa jannabis shaitaan maa razaqna.

TARJUMA: Mai Allah ka naam lekar ye kaam karta hoon. Ae Allah hum ko shaitaan se bacha aur jo aulaad to hum ko de usko bhi shaitaan se door rakh. Is dua ko padhlene se jo aulaad hogi isko shaitaan kabhi zarar na pahuncha sakega.

VALIMA

8. Shabe uroosi guzarne ke baad apne azeezon, doston, rishtedaron aur masakeen ko valima ka khana khilana sunnat hai. Valima ke liye zaroori nahi hai ke bade paimane par khana tayaar karke khilaye. Thoda khana hasbe isteta'at tayyar karke doston, azeezon wagaira ko thoda thoda khilana bhi adayegi sunnat ke liye kaafi hai. Bahut hi bura valima wo hai ke maldaar—o-duniyadar logaon ko to bulaya jaye magar ghareeb, maskeen, mohtaaj aur deendaar logon ko dhutkaar diya jaye. Aise bure valime se bachna chahiye. Valima mein adayegi sunnat ke niyat rakho. Deendaar ghareeb aur mohtaaj logon ko bulao. Aameeron mein se bhi jis ko dil chahe bulao magar ghareebon ko dhaka na do. Jo valima namwari aur dikhawe ke liye ya logon ki tareef ke liye kiya jaye is ka sawab nahi balke Allah Ta'ala ki naraazgi aur gusse ka andesha hai.
9. Mardaon ke liye saade chaar masha wazan se kam chandi ki anghoti pehenne ki ijazat hai aur sone ki anghoti mardaon ke liye bilkul haram hai.
10. Aurtaon ke liye mehendi istemaal karna sunnat hai.



MAUT AUR IS KE BAAD KI SUNNATEIN

1. Jab ye maloom hone lage ke maut ka waqt qareeb hai to is waqt jo log maujood hon is ka mooh qibla ki taraf pherde.
(Mustdrak Hakam)

2. Jab maut qareeb maloom ho to ye dua padhe:

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي بِالرَّفِيقِ الْأَعْلَى.

Allahumma igfiri warhamni wal hiqni bil rafeeq al aala.

TARJUMA : Ae Allah mujh ko bakhshde aur mujh par rahem farma aur mujhe upar wale sathiyon mein pahunchade.

(Bukhari, Muslim, Tirmizi)

3. Jab rooh nikalne ke asaar mehsoos ho to ye dua padhe:

اللَّهُمَّ آعِنِّي عَلَى غَمَرَاتِ الْمَوْتِ وَسَكَرَاتِ الْمَوْتِ

Allahumma aaini ala gamaratil mauti wa sakratil mauti

(Tirmizi)

TARJUMA : Ae Allah! maut ki sakhtiyon ke mauqe par meri madad farma.

4. Jab maut waqe hojaye to ahl-e-ta'looq ye dua padhe:

إِنَّا لِلّٰهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ اللَّهُمَّ أَجِرْنِي فِي مُصِيبَتِي وَأَخْلِفْ لِي خَيْرًا مِنْهَا.

Inna lillahi wa inna ilaaihi rajiun allahumma ajini fee musabati wa aklif li kharim minha.

(Muslim)

TARJUMA: Beshak hum Allah hi ke liye hain aur hum Allah hi ki taraf lautne wale hain. Ae Allah meri is musibat mein ajar de aur is ke aoz mujhe is se achcha badal inayat farma.

5. Rooh nikal jaane ke baad mayyat ki aankhein band karde.

6. Jo shakhs mayyat ko taqt par rakhne ke liye uthaye ya janazah uthaye to bismillah kahe. (Ibn Abi Shiba)
7. Mayyat ko dafan karne mein jaldi karna sunnat hai. (Sunnan Abu Dawood)

8. Jab mayyat ko qabr mein rakhe to ye dua padhe:

بِسْمِ اللَّهِ وَعَلَىٰ مِلَّةِ رَسُولِ اللَّهِ ﷺ

Bismillahi wa ala millati rasoolil laahi ﷺ.

9. Mayyat ko qabr mein dahini karvat par is tarha litana chahiye ke pura seena kaaba ki taraf ho aur pusht ko qabr ki deewar se lagade. Aaj kal log sirf mooh kaaba ki taraf kardete hain aur chit litadete hai ke seena asmaan ki taraf hota hai. Ye bilkul khilaaf-e-sunnat hai.
10. Mayyat ke rishtedaron ko khana dena masnoon hai. Is khane ko tamaam biradari ya rishtedaron ka khana jayez nahi. Mayyat waalon ke khane mein jo shareek hai unke liye jayez hai. Namwari aur dikhlawe ke liye aisa karna jayez nahi. Jo maujood ho de diya jaye. (Jame Tirmizi. Ibn-e-Maja)
11. Qabr ko na bahut ouchi karein na pokhta banaye. (Madaraj Al Naboota)
12. Qabr par pani chidakna sunnat hai.
13. Jab mayyat ke dafan se Huzoor ﷺ farig hote to khud bhi aur dusron ke liye bhi farmate ke apne bhai ke liye istagfaar karo aur sabit qadam rehne ki dua karo ke Allah usse munkir nakeer ke jawab mein sabit qadam rakhe. (Abu Dawood, Hakim, Baihaqi)

SONE KI SUNNATEIN

1. Nabi Kareem ﷺ se in tamaam cheezon par isteharat farmana sabit hai.

1. Boria
2. Chatayi
3. Kapde ka farsh
4. Zameen
5. Taqt
6. Chaar payi
7. Chamda aur khaal

(Zad-al-muad)

2. Ba wazu sona sunnat hai.
3. Jab apne bistar per aaye to use apne kapde ke gosha se teen bar jhaadein. (Sahah Sitta)
4. Sone se pehle dusre kapde tabdeel karna sunnat hai. (Zad-al-Muad)

5. Sone se pehle bismillah kehte hue, darj zail amoor anjam de.

1. Darwaza bandh kare.

Hadees mein aaya hai ke shaitan chuhe ko bata deta hai ke tu batti kheenchkar leja (Jo aag lagne ka zariya ban jati hai). (Fazl mubeen tarjuma Hasn-e-Husain)

2. Chiraag bujhade
3. Mushkeza ka mooh bandhde
4. Bartan dhank de aur agar is waqt dhankne ke liye kuch na mile to bartan ki moo par (choadaai mein) ek lakdi hi rakhde. (Sahah Sitta)

Muslim shareef ki ek riwayat mein hai ke saal mein ek raat aisi hoti hai jis mein waba nazil hoti hai. Jis khule hue bartan per se guzarti hai to is mein is waba ka kuch hissa zaroor daakhil hojata hai.

(Fazl mubeen tarjuma Hasn-e-Husain)

6. Isha ki namaz ke baad qissa kahaniyon ki mumaniyat hai. Namaz padhkar so rehna behtar hai. Albatta waaz-o-nasihat ke liye ya rozi maash ke liye jaagne ki ijazat hai.
7. Sote waqt har aankh par teen teen silai surma lagana aurat aur mard dono ke liye masnoon hai.
8. Jab sone ka irada ho to Qur'an Shareef ki aayat aur surtein padho maslan:

Surah Fateha

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ①
 الرَّحْمَنِ الرَّحِيمِ ② مَالِكِ يَوْمِ الدِّينِ ③
 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ④
 اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ⑤
 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ⑥
 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ⑦ آمِينَ!

Alhamdu lillahi rabil alameen

Ar-rehmanir raheem

Maaliki youmiddeen iyaka na'abudu wa

iiyaka nasta'een

Ihdinas siratal mustaqeem

Siratal lazeena anamta alayhim

Gairil magzoobi alayhim walaz za'aleen

Aameen

TARJUMA: Saari ta'areefen Allah hi ke liye saza-waar hain, jo saare jahaanon ka paalne waala hai. Jo bada meharbaan aur nihayat rahem waala hai. Jo roz-e-jaza ka maalik hai. Hum teri hi ibaadat karte hain aur tujh hi se madad talab karte hain. Tu hamein seedha raasta dikha de. Unka raasta jin par tu ne inaam kiya hai. Na unka raasta jin par tera ghazab hua, aur na hi gumraahon ka raasta.

Aayat-ul-Kursi

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يُعَلِّمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ.

Allahu laa ilaha illa hual haiul qayyum laa takhuzuhu sinatoun walla noum lahu mafis samawati wa maa fil arzi man zallazi yashfa'u indahu illa biznihi yalamu maa baina aidihim wa maa qalfahum wala yuhituna bishayim min ilmihi illa bima shaa wasi'a kursiyuhus samawati wal arza wa laa yauduhu hifzuhuma wahu wal aliyul azeem.

TARJUMA: Allah (wo hai ke) uske siwa koi maa'bood nahi zinda hai (kaarkhana aa'lam ko) qaayam rakhne waala hai na usko oongh aati hai na neend, usi ka hai jo kuch aasmanon mein hai aur jo kuch zameen mein hai, kaun hai jo uski ijazaat ke baghair uski janaab me (kisi ki) sifarish kare, jaanta hai jo kuch unke aage hai aur jo kuch unke peeche hai aur log uski ma'lumaat mein se kisi cheez par ehaata nahi karsakte magar jitni wo chahe uski kursi aasmano aur zameen par haavi hai aur unki hifaazat usko thakaati nahi aur wo aalishaan azmath waala hai.

Surah Mulk (Tabarak Allazi)

Surah Iqlaas

قُلْ هُوَ اللَّهُ أَحَدٌ ① اللَّهُ الصَّمَدُ ② لَمْ يَلِدْ وَلَمْ يُولَدْ ③ وَلَمْ يَكُنْ
لَهُ كُفُوًا أَحَدٌ ④

*Qul hu wallahu ahad • Allahus samad • Lam yalid walam
yulad • Walam yakul lahu kufuan ahad*

TARJUMA : Kaho wo Allah ek hai. Allah beniyaaz hai. Na wo kisi
ka baap hai aur na wo kisi ka beta hai. Aur na koi uska humsar hai.

Surah Falaq

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ① مِنْ شَرِّ مَا خَلَقَ ② وَمِنْ شَرِّ غَاسِقٍ إِذَا
وَقَبَ ③ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ④ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ⑤

*Qul a'uzu birabbil falaq • Min sharrima khalaq • Wa min sharri
ghasiqin iza waqab • Wa min sharrin naffasati filuqad • Wamin
sharri haasidin iza hasad*

TARJUMA: Kaho ke mai subah ke maalik ki panaah maangta
hoon. Har cheez ki buraayi se jo usne paida ki hai. Aur taareek
raat ki buraayi se jab wo khoob chah jaaye. Aur gandon par padh
padhkar phoonkne waaliyon ki buraayi se. Aur hasad karne
waale ki buraayi se jab hasad karne lage.

Surah Naas

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ① مَلِكِ النَّاسِ ② إِلَهِ النَّاسِ ③ مِنْ شَرِّ الْوَسْوَاسِ
الْخَنَّاسِ ④ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ⑤ مِنَ الْجِنَّةِ وَالنَّاسِ ⑥

Qul a'uzu birabbinn naas • Malikin naas • Ilaahin naas • Min sharril waswasil khannas • Allazi yuwaswisu fi sudurin naas • Minal jinnati wannaas.

TARJUMA: Kaho ke mai logon ke Rabb ki panaah maangta hoon. Logon ke baadshah ki. Logon ke ma'bood barhaq ki. Dil mein waswasa daalne waale shaitaan ke shar se, jo khuda ka naam sunkar peechhe hat jaata hai. Jo logon ke dilon mein waswase daalta hai. Khuwah wo jinnat mein se ho ya insaanon mein se.

Surah Ka'firun

قُلْ يَا أَيُّهَا الْكَافِرُونَ ① لَا أَعْبُدُ مَا تَعْبُدُونَ ② وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ③ وَلَا أَنَا عَابِدٌ مَّا عَبَدْتُمْ ④ وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ⑤ لَكُمْ دِينُكُمْ وَلِيَ دِينِ ⑥

Qul ya ayyuhal ka'firun • Laa a'abudu ma ta'budoon • Wa laa antum a'abidoona maa a'abudu • Walaa ana aabidum ma abad-tum • Wa laa antum a'abidoona maa a'abud • Lakum deenikum waliya deen.

TARJUMA: Keh do aye ka'afiro! Jinko tum poojte ho unko mai nahi poojta. Aur jiski mai ibadat karta hoon uski tum ibadat nahi karte. Aur mai unko poojne waala nahi hoon jinki tum pooja karte ho. Aur tum aur ki pooja karne waale nahi ho jis ki mai pooja karta hoon. Tum apne raaste par adey hue ho mai apne raaste par qayam hoon.

aur Durood-e-Shareef padha karo agar zyada surtein na padh sako to ek do surtein hi padh liya karo ke ye duniya aur aakhirat ki bhalayi aur naik bakhti ki buniyaad hai.

9. Sone se pehle tasbeeh-e-fatima ka ehtemaam kare yani
 سُبحَانَ اللَّهِ *Subhan Allah* 33 baar, اَلْحَمْدُ لِلَّهِ *Alhamdu lillah*
 33 baar, اَللّٰهُ اَكْبَرُ *Allahu Akbar* 34 baar.

(Bukhari, Muslim, Tirmizi, Abu Dawood)

10. Sote waqt dahini karvat par qibla ruq sona masnoon hai.
 Ye is tarah se ke seena zameen ki taraf aur peet asmaan ki
 taraf ho manaa hai kyun ki is tarah shaitaan sota hai.

11. Bistar par so kar ye dua padhe:

بِسْمِكَ رَبِّي وَضَعْتُ جَنْبِي وَبِكَ أَرْفَعُهُ إِنْ أَمْسَكْتَ نَفْسِي فَاغْفِرْ لَهَا
 وَإِنْ أَرْسَلْتَهَا فَاخْطُفْهَا بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ.

*Bismika rabbi wazatu jambi wa bika arfauhu in amsaka
 nafsi fagfirlaha wa in arsaltaha faahfazah bima tahafuzu
 bihi ibadakas salaheen.*

(Sahah Sitta)

12. Phir ye dua padhe:

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

Allahumma bismika amutu wa ahya.

(Bukhari, Muslim)

13. Sone se pehle teen baar ye istagfaar bhi padhe:

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ.

*Astagfiru allahal laazi laa ilaha illa huwal hiaul qayyum
 wa aatubu ilayhi.*

(Tirmizi)

Agar khuwab mein koi daraoni baat nazar ajaye aur aankh
 khul jaye to:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

*Aouzu billahi minish shaitaan nir rajeem teen baar padh
 kar bayein taraf dhutkaar do aur karvat badal kar sojao.*

Agar kisi ko fursat mayyasir ho to iteba-e-sunnat mein do paher
 ko kuch dair lait jaana sunnat hai neend aaye ya na aaye.

JUMA KE DIN KE NOU (9) AAMAL JIN PAR AMAL KARNE SE EK SAAL KE ROZA, EK SAAL KI NAMAZ KA SAWAB HAR QADAM PAR MILTA HAI

1. Subha ko aur dinon se kuch pehle uthna.
2. Gusl karna
3. Saaf kapde pahenna
4. Masjid mein jald jaane ki fikr karna
5. Masjid paidal jaana.
6. Imaam ke qareeb baithne ki koshish karna.
7. Agar saffein pur hai to saffoun ko phand kar aage na badhna.
8. Apne kapdon se ya baloun se lahu —o-laab na karna.
9. Khutba ko gaur se sunna.

Alawa azin juma ke din jo sureh kahaf padega uske liye arsh ke neeche se asmaan ke barabar buland ek noor zahir hoga jo qayamat ke andhere mein is ke kaam aayega aur is juma se pehle juma ke tamaam khata (sagheera) is ke mu'af ho jayenge.

Nabi Kareem ﷺ ka irshaad hai ke juma ke din mujh par kasrat se darood-e-shareef bheja karo. Is roz darood mein farishte haazir hote hain aur darood mere Huzoor mein pesh kiya jata hai.

(Ibn Maja)



MU'ASHRAT KI CHAND SUNNATEIN

1. Salam karna musalmanon ke liye bahut badi sunnat hai. Huzoor ﷺ ne is ki bahut takeed farmayi hai. Har musalman ko salam karna chahiye khuwa use pehchanta ho ya na ho kyun ke salam islami haq hai. Kisi ke jaanne aur shinasai par mauquf nahi.
2. Bukhari aur muslim ki ek hadees mein hai ke Rasool Allah ﷺ ka guzar bachchon par hua to Aap ﷺ ne inko salam kiya isliye bachchon ko bhi salam karna sunnat hai.
3. Salam karne ka sunnat tareeqa ye hai ke zubaan se *As-salamu alaikum* kahe haath se ya sir se ya ungli ke ishaare se salam karna ya uska jawab dena sunnat ke khilaaf hai.
4. Kisi musulmaan bhai se mulaqat ho to salam ke baad musafiha karna masnoon hai. Aurat, aurat se musafiha kar sakti hai.
5. Kisi majlis mein jaao to jahan mauqa mile aur jagah mile baith jaao dosron ko utha kar khud baith jaana gunaa ki baat aur makrooh hai.
6. Agar koi shakhs majlis mein aaye aur jagah na ho to pehle se baithne walon ko chahiye ke zara mil kar baith jaye aur aane waale mommin bhai ke liye gunjaish nikaal lein.
7. Kahin agar sirf teen aadmi hon to ek ko chord kar kana poosi karna (sargoshi) ki ijazat nahi ke khuwa makhuwa is ka dil (shubahat ki wajha se) ranjeeda hoga aur musulmaan bhai ko ranjeeda karna bahut bada gunaa hoga.
8. Kisi ke makaan par jana ho to is se ijazat le kar dakhil hona chahiye.

9. Jab jamayi aaye to sunnat hai ke mooh band karle aur agar mooh koshish ke bawajood band na rakh sake to bayein haath ki pusht ko mooh par rakhlein aur ha ha ki awaaz na nikale ke ye hadees mein mamnooh hai.
10. Agar kisi ka achcha naam suno to is se apne maqsad ke liye naik faal samajhna sunnat hai aur is se khush hona bhi sunnat hai. Bad faali lene ko sakht manaa farmaya gaya hai jaise raasta chalte kisi ko cheenk agayi to ye samajhna ke kaam na hoga ya kawwa bola ya bandar nazar aaya, uloo bola usse aafat aane ka gumaan karna sakht nadani aur be asal baat aur galat aur gumrahi ka aqeeda hai. Issi tarha kisi ko manhoos samajhna ya kisi din ko manhoos samajhna bahut bura hai.

Sunnat par amal karne se banda Allah Ta'ala ka mehboob hojata hai is liye ehtemaam se is par amal karna chahiye.

BULANDI PAR CHADHNE AUR NEECHE UTARNE KI SUNNAT

1. Jab bulandi par chadhe khuwa ek hi do seedhi masjid ki ho ya apne ghar ki ho to bulandi ki taraf dayan paun badhaye aur *Allahu Akbar* kahe.
2. Issi tarha jab neechे uthre to bayan paun aage badhaye aur *Subhan Allah* kahe. Khuwa ye nasheeb koi mamooli bhi ho to is sunnat ka sawab haasil kare.



SALAT-E-ISTEKHARA

Huzoor ﷺ istekhara ki dua is tarha se apne as-haab ﷺ ko sikhate the jis tarah Qur'an-e-paak ki surton ko yaad karate the. Hazrat Anas رضي الله عنه se farmaya ke ae Anas jab tum ko koi amar taradud mein dalde to apne Rab se istekhara karo aur saath martaba istekhara karo phir dil mein jo baat ghalib aajaye issi mein khair samjho.

(Shami 1)

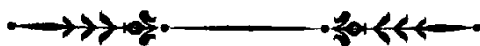
FAIDA: Kisi khuwab ka nazar aana ya kisi awaaz ka sunayi dena zaroori nahi. Issi tarha dosron se istekhara karwana sabit nahi dosron se mashwara lena sunnat hai. Hadees-e-paak mein hai jo mashwara se kaam karta hai naadim nahi hota aur jo istekhara karke kaam karta hai wo na muraad nahi hota.

FAIDA: Baaz mashaikh se manqool hai ke raat ko istekhara karke qibla roo bawazu sojaye phir agar khuwab mein safaid rang ya hare rang ki kuch cheezein nazar aaye to is mein khair samjhe aur agar siya rang ki cheezein nazar aaye to is mein shar samjhe.

FAIDA: Namaz istekhara padhne ka mauqa na ho aur jaldi se kisi amar mein istekhara karna ho to sirf dua-e-istekhara kaafi hai aur agar ye dua istekhara yaad na ho to mukhtesar ye dua karle:

اللَّهُمَّ خَيْرِي وَاخْتَرِي

Allahumma khirli wa akhtarli.



DUA-E-ISTEKHARA

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ وَأَسْأَلُكَ مِنْ فَضْلِكَ
 الْعَظِيمِ فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ وَتَعْلَمُ وَلَا أَعْلَمُ وَأَنْتَ عَلَّامُ الْغُيُوبِ
 اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ
 أَمْرِي فَاقْدِرْهُ لِي وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ
 شَرٌّ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ وَاقْدِرْ لِي
 الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي بِهِ

*Allahumma inni astakhiruka bi'ilmika wa astaqdiruka biqu-
 dratika wa asaluka min fazlikal azeemi fa innika taqdiru
 wala'a aqdiru wa ta'lamu wala'a a'alamu wa anta allamul
 ghuyubi allahumma in kunta ta'lamu anna haza alamra
 khairul li fi deeni wa ma'ashi wa a'qibati amri faqadrihi li wa
 yassirhu li summa baarik li fih li wa in kunta ta'lamu anna
 haza alamr sharrul li fi deeni wa ma'ashi wa a'qibati amri
 fasrifhu anni wasrifni anhu waqdurli alkhaira haisu kana
 summa arzini bihi.*

Is dua ke baad jo dil mein khayal ghalib hojaye issi mein bhalai samjhe.

TARJUMA: Aye Allah mai tere ilm ke zariye tujhse khair maangta hoon aur teri qudrat ke zariye tujhse qudrat talb karta hoon aur tere bade fazal ka tujhse sawal karta hoon kyunke bilashuba tujhe qudrat hai aur mujhe qudrat nahi aur tu jaanta hai aur mai nahi jaanta aur tu ghaibaon ka khoob jaanne wala hai, Aye Allah agar tere ilm mein mere liye ye kaam meri duniya aur aakhirat

mein behtar hai to isko mere liye muqaddar farma phir mere liye is men barkat farma aur agar tere ilm mein mere liye ye kaam meri duniya wa aakhirat mein muzir (aur bura) hai to isko mujhse aur mujhko isse door farma aur mere liye khair muqaddar farma jahan kaheen bhi ho, phir is per mujhe raazi farma.

SALAT-UL-HAJAT

Hazrat Abdullah Bin Abi Aufi رضي الله عنه kehte hain ke Huzoor ﷺ ne irshaad farmaya ke jis ko koi zaroorat Allah Ta'ala se pesh aaye to wo wazu kare aur achcha wazu kare phir do rakat namaz adaa kare phir haq Ta'ala ki sana kare aur darood-e-shareef padhe phir ye dua padhe.

لَا إِلَهَ إِلَّا اللَّهُ الْحَلِيمُ الْكَرِيمُ سُبْحَانَ اللَّهِ رَبِّ الْعَرْشِ الْعَظِيمِ الْحَمْدُ لِلَّهِ
رَبِّ الْعَالَمِينَ. اَللّٰهُمَّ اِنِّيْ اَسْئَلُكَ مُوْجِبَاتِ رَحْمَتِكَ وَعَزَائِمَ مَغْفِرَتِكَ
وَالْغَنِيْمَةَ مِنْ كُلِّ بَرٍّ وَالسَّلَامَةَ مِنْ كُلِّ اَثِمٍ لَا تَدْعُ لِيْ ذَنْبًا اِلَّا غَفَرْتَهُ وَلَا
هَمًّا اِلَّا فَرَجْتَهُ وَلَا حَاجَةً هِيَ لَكَ رِضًا اِلَّا قَضَيْتَهَا يَا اَرْحَمَ الرَّاحِمِيْنَ.

La ilaha illahul haleem ul kareemu subhana allahi rabil arshil azeem alhamdu lillahi rabil aalameen. Allahumma inni asaluka maujibati rehmatika wa azaaima magfiratika wal ganimata min kulli birrun was salamata min kulli ismu latadal li zanban illa gafartahu wala haman illa farajtahu wa laa hajatan hiya laka razan illa qazaitaha ya arhamar rahimeen.

(Tarmizi, Shami)

Is ke baad duniya-o-akhirat ki har hajat ka sawal kare jo chahe Allah Ta'ala qader-e-mutlaq hai.

TARJUMA: Nahi hai koi mabood siwaye Allah Ta'ala ke jo haleem aur kareem hai.

الحليم الذى لا يعجل بالعقوبة الكريم الذى يعطى بدون استحقاق ومنه

Alhaleem allazi laa yuajlu bil aqubata alkareem allazi yuti badona istehaqaq wa minhu.

Haleem woh zaat hai jo saza dene mein jaldi na kare aur kareem woh zaat hai jo bidoon istehqaq aur qabiliyat atta kare. Pak hai Allah arsh azeem ka Rabb hai har qism ki tareef Allah Rabul Alameen ke liye khaas hai. Ae Allah! mai sawal karta hoon Aap ki rehmat se maujabat ka aur Aap ki maghfirat ke iradon ka aur har naiki ke maal ganimat ka aur har burai se salamti ka hamare kisi gunaah ko na chordiye magar baqsh dijiye aur na hamare koi gham baqi rakhiye magar is ko door farmadijiye aur hamari har hajat ko jis se Aap razi hon isko poori kardijiye.

FAIDA: Har dua ke qabl aur baad darood-e-shareef padh lena dua ki qubuliyat ka nihayat hi qawi zariya hai.

Allama Shami رحمہ اللہ farmate hai ke Alama Abu Ishaq Al Shabti رحمہ اللہ ne farmaya:

الصَّلَاةُ عَلَى رَسُولِ اللَّهِ ﷺ مُجَابَةٌ عَلَى الْقَطْعِ

Al salatu ala Rasool lillahu ﷺ mujabatun alal qatae

TARJUMA: Darood-e-shareef ko haq Ta'ala shana qubool farmate hain aur kareem se ye bayeed hai ke baaz dua ko qubool kare aur baaz ko rad karde:

فَإِنَّ الْكَرِيمَ لَا يَسْتَجِيبُ بَعْضَ الدَّعَاءِ وَيُرُدُّ بَعْضَهُ.

Fainnal kareema la yastajeebu bazad duai wa yaruddu baza.

Aur Allama Abu Suleman Darani رحمہ اللہ farmate hain ke dua se qabl aur baad darood-e-shareef padhne wali dua qubool hojati hai kyunki haq Ta'ala sirf aage aur peechey ki dua'in darood ko qubool farmalein aur darmiyan ki dua ko rad kardein ye unke karam se bayeed hai.

فَإِنَّ اللَّهَ يَقْبَلُ الصَّلَاتَيْنِ وَهُوَ أَكْرَمُ مَنْ أَنْ يَدْعَ مَا بَيْنَهُمَا.

Fain nal laha yaqbal al salataina wa hua akramu min an yada ma bainahuma.

(Shami)

Ahqar arz karta hai ke jab bhi koi pareshani duniya ya aakhirat ki aaye jismani musibat ho ya roohani musibat yani masi'at ke taqaze pareshan karein. Do rakat namaz hajat padh kar mazkura dua padh kar bar bar har roz dil se dua kare, gaib se asbaab falah paida honge jis ka dil chahe apne Rabb se nusrat aur karam ka inaam hasil kare.



MUTAFARRIQ SUNNATEIN

Sunnat: Jab Aap ﷺ chalte the to logon ko aage se hataya nahi jaata tha.

Sunnat: Aap ﷺ jaye kaam ko manaa nahi farmate agar koi sawal karta aur is ke sawal ko poora karne ka irada hota to haan keh dete warna khamosh hojate.

Sunnat: Aap ﷺ Apna chehra kisi se na phairte jab tak wo na phairta aur agar koi chupke se baat kehna chahta to Aap ﷺ kaan us ki taraf kar dete aur jab tak wo farig nahi hota Aap ﷺ kaan nahi hatate.

Sunnat: Jab Aap ﷺ ko cheenk aati to haath ya kapda mooh par rakh lete aur awaaz ko past farmate.

Sunnat: Jab Aap ﷺ kisi ko ruqsat farmate to ye dua dete:

أَسْتَوْدِعُ اللَّهَ دِينَكُمْ وَأَمَانَتَكُمْ وَخَوَاتِيمَ أَعْمَالِكُمْ.

Astoudi allaha dinakum wa amabatakum wa khawatima amalikum.

Sunnat: Jab An hazrat ﷺ ko koi mushkil pesh aati to farmate:

الْحَمْدُ لِلَّهِ الَّذِي بِنِعْمَةِ تَتِمُّ الصَّالِحَاتِ.

Alhamdu lillahi allazi binemati tatum salihat

aur jab koi nagawari ki halat pesh aati to farmate:

الْحَمْدُ لِلَّهِ عَلَى كُلِّ حَالٍ.

Alhamdu lillahi ala kulli haal.

Sunnat: Jab koi milta to pehle Aap ﷺ salam karte the.

Sunnat: Jab kisi cheez ko karwat ki taraf dekhte to poora chehra phair kar dekhte mutakabir ki tarah kun ankhion se na dekhte.

Sunnat: Nigah neechi rakhte the gayat-e-haya ki wajhe se nigah bhar na dekhte the.

Sunnat: Bartao mein sakhti na farmate narmi pasand farmate.

Sunnat: Huzoor ﷺ chalte waqt paun uthay to qadam quwwat se akdhata tha qadam is tarah rakhte ke zara aage ko jhuk jaate. Tawaza ke saath qadam badha kar chalte goya kisi bulandi se pasti mein uttar rahein hoon.

Sunnat: Sab mein mil jhul kar rehte the (yani shaan banakar na rehte the) balke kabhi kabhi mizah bhi farmaliya karte the.

Sunnat: Agar koi ghareeb aata ya budhiya Aap ﷺ se baat karna chahti to sadak ke ek kinare par sunne ke liye khade hojate ya baith jaate.

Sunnat: Namaz mein Qur'an majeed ki tilawat farmate to seene mubarak se haandi khoulne ki si sada aati, khuaf khuda ki wajha se ye halat hoti.

Sunnat: Ghar walon ka bahut khayal rakhte taake kisi ko Aap ﷺ se takleef na pahunche isi liye raat ko bahar jana hota to ahista se uthte ahista se joota pahinte ahista darwaza kholte ahista se bahar chale jaate. Isi tarah ghar mein tashreef laate to ahista se aate taake sone waalon ko takleef na ho aur kisi ki neend kharab na hojaye.

Sunnat: Jab chalte to nigah neechi zameen ki taraf rakhte majma ke saath chalte to sabse peeche hote aur koi saamne se aata to sab se pehle salam Aap ﷺ hi karte.

Sunnat: Saat baras ka bachcha hojaye to maar kar namaz aur deegar deen ki baatoun ka hukm karna.

Sunnat: Das baras ka bachcha hojaye to maar kar namaz padhwana.

Sunnat: Kisi qaum ka abrudaar aadmi ho to is ke saath izzat se pesh aana.

Sunnat: Apne auqaat mein se cheh waqt Allah ki ibadat ke liye kuch ghar waalon ke huqooq adaa karne ke liye jaise in se hasna bolna aur ek hissa apne badan ki rahat ke liye nikalna.

Sunnat: Sarwar do aalam ﷺ par darood-e-shareef padhte rehna. Padosi ke saath ehsaan karna, badon ki izzat karna, chotaon par rahem karna.

Sunnat: Koi rishte daar badsuluki kare is ke saath achche suluk se pesh aana.

Sunnat: Jab bachcha paida ho is ke dayein kaan mein azaan aur bayein kaan mein takbeer kehna jab saat roz ka hojaye is ka achcha naam rakhna, kisi buzrug se chuwaara chabwakar bachcha ke mooh mein dalna ya chatana.

Sunnat: Padosi ko apni eza se bachana is se achchi baat kehna warna khamosh rehna.

Sunnat: Sila rehmi karna.

Sunnat: Zair-e-naaf, bagal aur naak ke baal nikal lena chalees roz guzarjaye aur safai na kare to gunaahgaar hoga.

Sunnat: Ek musht se zyad dadhi rakhna ya ek musht rakhna munchoun ko katarwana, katarne mein mubaliga karna.

Sunnat: Jo log duniya ke aitebar se kamzor hai inki taraf khayal rakhna.

Sunnat: Bayein janib takya lagana.

Sunnat: Biwi ka dil khush karne ke liye is se mizah karna aur hans ki baat karna bhi sunnat hai.

Sunnat: Baad namaz fajr ishraq tak Aap masjid mein murabba (aalti palti) baithte the neiz apne as-hab mein bhi aap ﷺ murabba baithe the. Albatta chotaon ko badaon ke saamne do zaano baithna aqrab ilat tawazu likha hai.

(Shami j 1)

Sunnat: Apne bhai musalmaan se kushadah chehre se milna aur apni jaga se kisi qadar hat jana is ke bithane ke liye agar zara hi mutaharrik hojana ho sunnat hai.

Sunnat: Sawari par is ke malik ko aage baithne ke liye kehna aur bidoon iski sarih ijazat aage na baithna sunnat hai.



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